**Annexure**

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| **Sl. No.** | **Class** | **Suggested Activities** |
| 1. | Class I -II | * Identification of Food – fruits, vegetables, meat, etc
* Meals and Eating Habits, Sharing of Tiffin, etc
* Personal Hygiene: Taking Bath, Hand Washing before and after eating, Cutting nails, Dental care, trimming hair, combing, etc.
* Rhymes/Counting aloud/ Story telling/Drawing/Painting/Colouring, Clay Modelling, etc
* Playing/ Running/ Jumping/Dance/ Singing/ Rhymes/ mimicry, etc
* Watching videos/cinemas, etc
* Toys/Drawing on paper/walls
* Going to other classes and interaction with teacher and students of other classes.
* Visiting nearby Schools/Offices/Garden in walking distance
* Sleeping / Resting
* Exploring School Campus
* Exposure to plants/trees
* Safety escape plan during floods, earthquakes, storms, thunder, etc.
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| 2. | Classes III-V | * Counting, Telling stories aloud, Conducting Quiz, Role play, Storytelling, singing, dancing, drawing, painting, Essay, Poster competition, showing Video clips, Recitation/Monologue, etc.
* Playing/Running/Jumping, etc
* Cleaning classroom
* Saving the Planet - Tree Plantation/Gardening, No to Plastics, Watering, etc
* Basics of courtesy and respect
* Visiting nearby Schools/Offices/Garden in walking distance, Interaction with local entrepreneurs
* Visit to a nearby hospital/market/vegetable vendor, fire station, etc
* Visiting historical monuments, agricultural fields and farms, etc.
* Indoor games
* Awareness on Healthy habits, Junk foods and good health.
* Pollution and related matters
* Sanitation, Fitness & exercise, Healthy lifestyles, early rising, etc.
* Personal health and hygiene: Dental Care/Cutting hairs and nails /habits of taking daily bath, etc.
* First Aid demonstrations.
* Group Discussion on different topics.
* Word games - Spelling Competition (Oral/Written), Synonyms and Antonyms, acting on given words, etc.
* Fun with Origami: Making paper planes, tools, machines, etc.
* Painting/Making mask of story/comics book characters.
* Riddles making with clues and giving answers to them.
* Poster/ Collage making on different topics, Stone and leaf art.
* Safety escape plan during floods, earthquakes, storms, thunder, etc.
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| 3. | Classes VI-VIII | * Playing/Running/Jumping
* Drawing/Painting on papers/walls/Story telling involving moral and social values
* Adolescent/female health.
* Map reading
* Cleaning School Campus
* Planting, watering and tending of young plants
* Traffic rules
* Basics of courtesy and respect
* Team Games
* Outdoor Games/ Sports
* Picnic to other Schools/ Offices/Gardens
* Extempore speech, Debate
* Demonstration on disaster management, etc.
* Role Playing of a given situation: Mime/Vocal
* Story Telling Talent Hunt: Exploring the talent to tell a never-told/never-heard story.
* Public speaking/Team formation/ role plays competition, etc
* Mosaic of imaginations: drawing/ painting a picture with students’ composite ideas.
* Fun with Palindromes: Of Words, Phrases etc.
* Interaction with local entrepreneurs (Handloom/Handicraft/Packaging/Goldsmith etc)
* Saving Planet Earth - Tree Plantation/Gardening, No to Plastics, etc
* Wastage of food, food Preservation, etc
* Healthy eating habit and table manners.
* Exercises (Yoga/others) to keep diseases at bay.
* Pollution free environment
* Importance of Health Check-Up, etc
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